



March 2024



Dear Parent

Re: Head Injury & Concussion Cover

At Queen Ethelburga's Collegiate, pupil welfare both on and off the sports field is taken extremely seriously. Recently there has been growing concern nationally over head injuries and concussion in sport across the UK, particularly for those under the age of 18 years. To ensure that we are providing the best standard of care to our pupils, the school is partnered with Return2Play, the UK's leading sports medicine partners for schools. Feedback from other schools and parents utilising their expertise has been overwhelmingly positive.

The Collegiate have covered 100% of the cost of cover for your child(ren) so there is no action required from you to get cover in place.

What do Return2Play provide?

Return2Play provide **Head Injury & Concussion cover** for pupils. This covers your child(ren) for 12 months whether their injuries happen at school, home or elsewhere.

Concussions are mild traumatic brain injuries and can affect a child's physical, mental and emotional health as well as their academic and sporting performance. Return2Play's cover provides benefits such as:

- Unlimited access to the UK's leading concussion doctors and experts in the event of an injury. These appointments are also free as the cost is covered by the Collegiate.
- Unlimited online appointments at convenient times in midweek evenings and weekends, so that you don't have to miss any work, nor your child miss any school.
- Peace of mind that your children are receiving high quality care.
- No delays in returning your children to sport.
- *For more details on how the service works and the benefits, please visit [Info for Parents on Concussion - Return2Play](#)*

Did you know?

- Concussions aren't "sports injuries" - 20% are from non-sport incidents
- Return2Play have seen concussions across 18 different sports, including non-contact sports.
- 25% of concussions at our co-educational partner schools happen to girls.
- Being knocked unconscious is extremely rare and you do not need to be knocked unconscious to have a concussion.

If you would like more detail on concussion and head injuries, we recommend the following;

- Understanding Concussion – an informative presentation from England Rugby <https://youtu.be/6qfD-JFf9s>
- Return2play free online learning module for parents Go to <https://education.return2play.org.uk>
 - Select the course - **Head Injury & Concussion Management for Parents**
 - Select 'Buy Now'
 - Select 'Have a coupon?'
 - Enter school's coupon: r2pqc2022

We look forward to working with Return2Play and, in partnership, continuing to provide the highest levels of care to our pupils.

Yours sincerely

Rob Rawlinson
Head of Sport

Dr Emma Cunliffe
Operations Manager and GP

Donna Cranney
Health, Safety and Environment Manager