



Personal Development Department Year 5 Overview 2024-25

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.

Autumn Term

Year Five	Week	W/C	Unit Title	Lesson Themes
PD Autum				
	1	02/09/2024	TEAM-together everyone achieves more Forgiveness	Settling in- school policies, e-safety/ AUP, PD ground rules. Being part of a team, Circle time rules
	2	09/09/2024		Together everyone achieves more what is forgiveness?
	3	16/09/2024		Communicate Forgiveness in Judaism
	4	23/09/2024		Digital Awareness Week Compromise and collaborate Yom Kippur
	5	30/09/2024		Care forgiveness in Buddhism
	6	07/10/2024		Unkind behaviour comparing forgiveness
	7	14/10/2024		Shared Responsibilities A symbol for Forgiveness Restart a Heart Day - First Aid Week
			October Half Term	
	8	04/11/2024	The True Meaning of Christmas Aiming High	You can achieve anything! Explanation
	9	11/11/2024		Anti Bullying Awareness Week breaking down barriers Love
	10	18/11/2024		Future focus power and vulnerability
	11	25/11/2024		Equal opportunities Christmas cards
	12	02/12/2024		The world of work Carols
	13	09/12/2024		Onwards and upwards Christmas debate
			Christmas Holidays	

Spring term

Year Five	Week	W/C	Unit Title	Lesson Themes
PD Spring				
	14	06/01/2025	<p style="text-align: center;">It's My Body</p> <p style="text-align: center;">Peace</p>	*Your body is your own introduction to peace
	15	13/01/2025		Exercise right, sleep tight peace across religions
	16	20/01/2025		Taking Care of our bodies comparisons across religions
	17	27/01/2025		Harmful substances inner peace
	18	03/02/2025		Well-being Awareness Week - Healthy Habits focus
	19	10/02/2025		How we think and feel about our bodies community cohesion
			February Half Term	
	20	24/02/2025	<p style="text-align: center;">Be Yourself</p> <p style="text-align: center;">Worship</p>	You are unique Having worth
	21	03/03/2025		Let it out! Music
	22	10/03/2025		Uncomfortable feelings Prayer
	23	17/03/2025		The confidence trick Art
	24	24/03/2025		Do the right thing Artefact
	25	31/03/2025		Awareness Week - Gender Roles focus
	26	07/04/2025		Circle time freedom
				Easter Holidays

Summer term

Year Five	Week	W/C	Unit Title	Lesson Themes
PD Summer				
	27	28/04/2025	<p style="text-align: center;">Commitment</p> <p style="text-align: center;">Money Matters</p>	Look after it! What is commitment?
	28	05/05/2025		Value for money Sacrifice
	29	12/05/2025		Money and Emotional Wellbeing How do you stay committed?
	30	19/05/2025		Cultural Awareness week
			May Half Term	
	31	02/06/2025	<p style="text-align: center;">Britain</p> <p style="text-align: center;">(in PD and RE sessions)</p>	Communities/Respecting the law
	32	09/06/2025		Local government /National government
	33	16/06/2025		Transition into Year 6

Please note that lesson themes and dates are subject to change.

Social, Moral, Spiritual and Cultural (SMSC)

This is embedded into the topics we deliver as indicated on the overview.

<p style="text-align: center;">Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p style="text-align: center;">Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p style="text-align: center;">Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p style="text-align: center;">Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>