



Personal Development Department Year 3 Overview 2023-24

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.

| Year Three | Week | W/C | Unit Title | Lesson Themes |
|------------|--------|------------|---|---|
| PD Autumn | Autumn | | | |
| | 1 | 04/09/2023 | Team Hinduism | Settling in- school policies, e-safety/ AUP, PD ground rules. Being part of a team, Circle time rules |
| | 2 | 11/09/2023 | | Together Everyone Achieves More who and where |
| | 3 | 18/09/2023 | | Working together main beliefs |
| | 4 | 25/09/2023 | | Digital Awareness Week |
| | 5 | 02/10/2023 | | Special Places |
| | 6 | 09/10/2023 | | Being Considerate special festivals |
| | 7 | 16/10/2023 | | When things go wrong Holy Book Responsibility Symbols and Meanings |
| | | | Half Term | |
| | 8 | 06/11/2023 | Sikhism and the Nativity Story Aiming High | Achievements Sikhism main beliefs |
| | 9 | 13/11/2023 | | Sikhism special places |
| | 10 | 20/11/2023 | | Anti-bullying Awareness Week |
| | 11 | 27/11/2023 | | Goals Special festivals |
| | 12 | 04/12/2023 | | Always learning Holy Book |
| | 13 | 11/12/2023 | | Jobs and skills Symbols and Meanings When I grow up The Nativity Story |
| | | | Christmas Holidays | |
| Year Three | Week | W/C | Unit Title | Lesson Themes |
| PD Spring | Spring | | | |
| | 14 | 08/01/2024 | Be Yourself Islam | Be Yourself: Pride Islam who and where |
| | 15 | 15/01/2024 | | Feelings Main Beliefs |
| | 16 | 22/01/2024 | | Express yourself Special Places |
| | 17 | 29/01/2024 | | Know your mind - Special Festivals |
| | 18 | 05/02/2024 | | Media wise Holy Book |
| | | | Half Term | |
| | 19 | 19/02/2024 | It's My Body Easter (Good Friday) | My Body My choice * The Easter Story |
| | 20 | 26/02/2024 | | Fit as a Fiddle The last supper |
| | 21 | 04/03/2024 | | Good Night, Good Day Prayer |
| | 22 | 11/03/2024 | | Equality Awareness Week |
| | 23 | 18/03/2024 | | Cough, splutter, sneeze! Maximilian Kolbe Drugs, Harmful or Healing? The Cross and Resurrection |
| | | | Easter Holidays | |
| Year Three | Week | W/C | Unit Title | Lesson Themes |
| PD Summer | Summer | | | |
| | 24 | 08/04/2024 | Judaism Money Matters/Britain | Judaism who and where where does money come from? |
| | 25 | 15/04/2024 | | Judaism main belief Ways to pay |
| | 26 | 22/04/2024 | | Judaism special places Reasons to Borrow |
| | 27 | 29/04/2024 | | Judaism special festivals Living in Britain |
| | 28 | 06/05/2024 | | Judaism holy book Democracy |
| | 29 | 13/05/2024 | | Rules, Laws, Responsibility |
| | 30 | 24/05/2024 | Spirituality Awareness Week Judaism symbols/Liberty | |
| | | | Half Term | |
| | 31 | 03/06/2024 | Britain Signs and Symbols | Tolerance and Respect /Everyday signs and symbols |
| | 32 | 10/06/2024 | | What Does it Mean to be British/Symbols of God |
| | 33 | 17/06/2024 | | Transition into Year 4 Cultural Awareness Week |

SMSC meanings

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| Social | Moral |
| Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work. | Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views. |
| Spiritual | Cultural |
| Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect. | Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity. |

This is embedded into the topics we deliver as indicated on the overview.