



## Personal Development Department Year 3 Overview 2024-25

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.

### Autumn Term

Year Three	Week	W/C	Unit Title	Lesson Themes
PD Autumn				
	1	02/09/2024	<p style="text-align: center;">Team Hinduism</p>	Settling in- school policies, e-safety/ AUP, PD ground rules. Being part of a team, Circle time rules
	2	09/09/2024		Together Everyone Achieves More who and where
	3	16/09/2024		Working together main beliefs
	4	23/09/2024		Digital Awareness Week Special Places
	5	30/09/2024		Being Considerate special festivals
	6	07/10/2024		When things go wrong Holy Book
	7	14/10/2024		Responsibility Symbols and Meanings
			Half Term	
	8	04/11/2024	<p style="text-align: center;">Sikhism and the Nativity Story Aiming High</p>	Achievements Sikhism main beliefs
	9	11/11/2024		Sikhism special places Antbullying Awareness Week
	10	18/11/2024		Goals Special festivals
	11	25/11/2024		Always learning Holy Book
	12	02/12/2024		Jobs and skills Symbols and Meanings
	13	09/12/2024		When I grow up The Nativity Story
			Christmas Holidays	

**Spring term**

Year Three	Week	W/C	Unit Title	Lesson Themes	
PD Spring					
	14	06/01/2025	Be Yourself	Be Yourself: Pride Islam who and where	
	15	13/01/2025		Feelings Main Beliefs	
	16	20/01/2025	Islam	express yourself Special Places	
	17	27/01/2025		Well-being Awareness Week - Healthy Habits focus	
	18	03/02/2025		Know your mind - Special Festivals	
	19	10/02/2025		Media wise Holy Book	
				February Half Term	
	20	24/02/2025	It's My Body	My Body My Choice * The Easter Story	
	21	03/03/2025		Easter (Good Friday)	Fit as a Fiddle The Last Supper
	22	10/03/2025	Good Night, Good Day, Prayer		
	23	17/03/2025	Cought Splutter sneeze Maximilian Kolbe		
	24	24/03/2025	Drugs, Harmful or Healing? The cross and the Ressurrection		
	25	31/03/2025	Equality Awareness Week - Gender Roles Focus		
	26	07/04/2025	Circle Time New Life		
			Easter Holidays		

**Summer term**

Year Three	Week	W/C	Unit Title	Lesson Themes	
PD Summer					
	27	28/04/2025	Judaism	Judaism who and where Living in Britain	
	28	05/05/2025		Money Matters/Britain	Judaism main belief Democracy
	29	12/05/2025	Rules, Laws, Responsibility		
	30	19/05/2025	Cultural Awareness Week		
			Judaism special places/Liberty		
			May Half Term		
	31	02/06/2025	Britain	Tolerance and Respect /Everyday signs and symbols	
	32	09/06/2025		Signs and Symbols	What Does it Mean to be British/Symbols of God
	33	16/06/2025			Transition into Year 4

Please note that lesson themes and dates are subject to change.

## **Social, Moral, Spiritual and Cultural (SMSC)**

**This is embedded into the topics we deliver as indicated on the overview.**

<p style="text-align: center;"><b>Social</b></p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p style="text-align: center;"><b>Moral</b></p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p style="text-align: center;"><b>Spiritual</b></p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p style="text-align: center;"><b>Cultural</b></p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>