

Level 1:



Queen Ethelburga's Collegiate Foundation

Personal Development Department Year 11 Overview 2024–25

This is an overview of the different topics taught in Personal Development. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) and careers. The Department works closely with all other school teams to provide a bespoke programme for all students in KS3 and 4. All students receive 1 hour each week, delivered by specialist subject teachers in dedicated lessons located in the Personal Development Department.

Term	Week	w/c	SMSC	Lesson themes/titles
Autumn (1)	1	02 Sep 24	ALL	Induction Reflections of summer/Learning contracts resilience/teamwork/ expectations in PD
	2	09 Sep 24	ALL	Induction Expectations in PD- Targets, skills/teamwork/target setting School support networks/ SMSC
	3	16 Sep 24	SMC	Mental health/emotional wellbeing/helping others
	4	23 Sep 24	All	Digital Wellbeing Awareness Week - screen time focus
	5	30 Sep 24	S	Relationships/family structures/ unhealthy changes emotions/grief/separation/divorce
	6	07 Oct 24	S	Relationships Week 2
	7	14 Oct 24	S	Restart a Heart Day-first Aid Week
				2 week half term
Autumn (2)	8	04 Nov 24	SM	Fraud prevention/money/serious crime
	9	11 Nov 24	SMC	Anti-bullying Awareness Week- inclusion
	10	18 Nov 24	SMS	Terrorism/Radicalisation

	11	25 Nov 24	SMS	Domestic abuse/honour-based abuse/forced marriage
	12	02 Dec24	SM	Prejudice/discrimination
	13	09 Dec 24	SM	Online relationships/coercive control/pressure for sex
		16/23/30 Dec		Christmas Holidays
Spring (1)	14	06 Jan 25	SM	Abortion/unplanned pregnancy options
	15	13 Jan 25	SC	Careers
	16	20 Jan 25	SM	Sexual health summary-NHS help barriers
	17	27 Jan 25	ALL	Wellbeing Awareness week – Healthy Habits focus week/sleep/rest/routines/diet and exercise
	18	3 Feb 25	SM	Drugs – recap
	19	10 Feb	SM	Readiness for sex/consent/peer on peer abuse
		17 Feb		Half Term
Spring (2)	20	24 Feb	SM	Alcohol - impact on society and environment
	21	03 March	S	Careers
	22	10 March	S	Careers
	23	17 March	SM	Addictions – vaping/smoking recap
Summer (1)	24	24 March	SC	Budgeting – buying a car/house/mortgage
	25	31 March	ALL	Equality Awareness Week- Gender roles focus/ stable committed relationships/diversity in romance
	26	7 April	SM	Financial risk – insurance/loans
		14/21 April		Easter holidays - 2 weeks
	27	28 April	S	Applying for jobs and interviews
	28	05 May	S	Revision Toolkit
	29	12 May	SC	Cultural Awareness Week
	30	19 May	S	Revision toolkit
		26 May		Half term

Summer (2)	31	2 June	S	Cancer awareness – self checking
	32	9 June	SC	Spirituality week
	33	16 June	S	Revision toolkit

Social, Moral, Spiritual and Cultural (SMSC)

This is embedded into the topics we deliver as indicated on the overview.

<p>Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p>Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p>Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p>Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>