

## Level 1:



### Queen Ethelburga's Collegiate Foundation

#### Personal Development Department Year 10 Overview 2024-25

This is an overview of the different topics taught in Personal Development. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) and careers. The Department works closely with all other school teams to provide a bespoke programme for all students in KS3 and 4. All students receive 1 hour each week, delivered by specialist subject teachers in dedicated lessons located in the Personal Development Department.

Term	Week	w/c	SMSC	Lesson themes/titles
Autumn (1)	1	02 Sep 24	ALL	<b>Induction</b> Reflections of summer/Learning contracts/ resilience/teamwork/ expectations in PD
	2	09 Sep 24	ALL	<b>Induction</b> Expectations in PD - Targets, skills/teamwork/target setting school support networks/ SMSC / mental health/recognising mental ill-health/where to get help Part 1
	3	16 Sep 24	SM	Body confidence/artificial body shapes
	4	23 Sep 24	All	<b>Digital Wellbeing Awareness Week - screen time focus</b>
	5	30 Sep 24	S	Careers
	6	07 Oct 24	SM	Online pornography/revenge porn
	7	14 Oct 24	SM	Restart a Heart Day - First Aid Week
				<b>2 week half term</b>

<b>Autumn (2)</b>	8	04 Nov 24	SMC	Cyberbullying Week 1
	9	11 Nov 24	SMC	<b>Anti-bullying Awareness Week - inclusion/ Cyberbullying Week 2</b>
	10	18 Nov 24	SM	Sexting/law/managing online romance
	11	25 Nov 24	SMC	Knife crime
	12	02 Dec24	SMC	Terrorism/radicalisation
	13	09 Dec 24	ALL	Religious festivals
		16/23/30 Dec		Christmas Holidays
<b>Spring (1)</b>	14	06 Jan 25	SM	Personal Safety (focus Vaping-added in)
	15	13 Jan 25	SMC	Ethics/where does life begin/abortion/pregnancy
	16	20 Jan 25	SMC	Blood, Organ and stem cell donation
	17	27 Jan 25		<b>Wellbeing Awareness week – Healthy Habits focus</b>
	18	03 Feb 25	SM	Drugs/illegal highs
	19	10 Feb 25	SMC	Contraception recap/unintended pregnancies
		17 Feb 25		Half Term
<b>Spring (2)</b>	20	24 Feb 25	SMC	Cosmetic surgery and aesthetic surgery procedures including piercing, tattoos and sunbeds/industries and advertising
	21	03 March 25	SM	Mental Health Part 2
	22	10 March 25	S	Financial/loans/budgets/saving/cc's
	23	17 March 25	S	Mortgages and Insurance
<b>Summer (1)</b>	24	24 March 25	S	Justice System
	25	31 March 25	SMC	<b>Equality Awareness Week- Gender Roles Love Simon part 1</b>
	26	7 April 25	SMC	Love Simon Part 2
		14/21 April 25		Easter holidays - 2 weeks
	27	28 April 25	SM	Addictions/Gambling
	28	05 May 25	SM	STI/HIV focus-recap
	29	12 May 25	SC	<b>Cultural Awareness Week</b>

	30	19 May 25	S	Careers
		26 May 25		Half term
<b>Summer (2)</b>	31	2 June 25	S	Cancer Awareness
	32	9 June 25	SC	<b>Spirituality Awareness Week</b>
	33	16 June 25	ALL	Y10 overview/targets for year 11

Please note that lesson themes and dates are subject to change.

### Social, Moral, Spiritual and Cultural (SMSC)

This is embedded into the topics we deliver as indicated on the overview.

<p><b>Social</b></p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p><b>Moral</b></p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p><b>Spiritual</b></p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p><b>Cultural</b></p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>