

### Chapter House Activities Summer 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before School (08:00 – 08:30)</b>			<ul style="list-style-type: none"> <li>Years 3-5 Wake Up, Get Up, Move Up</li> </ul>	<ul style="list-style-type: none"> <li>Years 1 &amp; 2 Wake Up, Get Up, Move Up</li> </ul>	
<b>Lunchtime (12:30 – 13:20)</b>	<ul style="list-style-type: none"> <li>Y3-5 Swimming Development</li> <li>Digital Leaders</li> <li>KS1 Football</li> <li>Maths Stretch and Challenge (invitation only)</li> </ul>	<ul style="list-style-type: none"> <li>KS1 Mindful moments</li> <li>KS1 Gardening Club.</li> <li>KS1 Fencing</li> <li>KS2 Fencing</li> </ul>	<ul style="list-style-type: none"> <li>Pokémon Club</li> <li>KS1 Swimming – (5 Max at a time, so 15 children split into 3-week blocks)</li> <li>KS2 Gymnastics</li> <li>KS2 Accelerated Literacy Club</li> </ul>	<ul style="list-style-type: none"> <li>Swim Squad - invite only</li> <li>KS2 Yoga</li> </ul>	<ul style="list-style-type: none"> <li>KS2 Art Club</li> <li>KS2 Gym and Dance</li> </ul>
<b>After school</b>	<ul style="list-style-type: none"> <li>16.00 - 18:00 FS &amp; KS1 After School Care</li> <li>16.00 – 16:55 Boarders’ Prep and homework club (day students)</li> </ul>	<ul style="list-style-type: none"> <li>16.15 Brownies (age 7 upwards – chargeable activity)</li> <li>16.00 - 18:00 FS &amp; KS1 After School Care</li> <li>16.00 – 16:55 Boarders’ Prep and homework club (day students)</li> </ul>	<ul style="list-style-type: none"> <li>16.00 - 18:00 FS &amp; KS1 After School Care</li> <li>16.00 – 16:55 Boarders’ Prep and homework club (day students)</li> <li>Cricket (Girls and Boys)</li> <li>Athletics (Girls and Boys)</li> </ul>	<ul style="list-style-type: none"> <li>16.00 - 18:00 FS &amp; KS1 After School Care</li> <li>16.00 – 16:55 Boarders’ Prep and homework club (day students”</li> </ul>	<ul style="list-style-type: none"> <li>16.00 - 18:00 FS &amp; KS1 After School Care</li> </ul>

Descriptions of each activity are below

## **Key Stage 1 and 2 Clubs**

**Wake Up, Get Up, Move up** – A morning club with a sport and physical activity focus, starting the day off in a positive and enthusiastic manner. Getting the mind and body ready for the day ahead.

**Mindful Moments club** - The purpose of this club is to encourage mindfulness. Mindfulness provides children with simple, practical tools to focus their minds, calm down and reflect on a situation when they need to make a choice. Benefits of mindfulness include improved concentration, lowered stress and anxiety, increased positive moods and improved emotional regulation skills. The children will take part in lots of child-friendly activities such as guided meditation, simple massage and different breathing techniques.

**Digitals Leaders** – A Key Stage 1 club to explore, create and play with a variety of computing equipment and resources to make fun, positive messages.

**Gardening Club** – Join Mrs Ensor in developing your gardening skills and learning all about growing, plants and vegetables. Please bring small gardening gloves if you have any.

**KS1 Football** - Open to boys and girls, children can develop skills and play football.

**Maths Stretch and Challenge** – by invitation, to explore aspects of maths that will challenge and inspire.

## **Key Stage 2 Clubs**

**Choir** – Please note that Chapter House Choir will be running throughout the year and will take place within form time every Wednesday. There is no need to sign your child up to the club as children will be asked by teachers if they would like to attend and a list made.

**Art Club** – An opportunity to explore your creativity and imagination while exploring a variety of different media and learning new skills. *‘Every child is an artist’ Pablo Picasso.*

**Pokémon Club** - Come together, to discuss all things Pokémon. Play games, and do activities related to Pokémon. Children can bring their own Pokémon cards, but these are to be handed to their class teacher at the beginning of the day and returned to the class teacher after the club and to be taken home at the end of the day.

**Maths Stretch and Challenge** – KS2, by invitation, to explore aspects of maths that will challenge and inspire.

**KS2 Accelerated Literacy Club** - Pupils will have the opportunity to develop and extend their subject knowledge and skills. This term, we will be working towards a performance for the Summer Show.

**Gym and Dance** – Learn a dance routine to perform in the summer show at the end of the year.

**Brownies** - What does it cost to be a Brownie? All Girlguiding groups (also called 'units') charge subscriptions or 'subs' to cover the costs of equipment, activities and hiring the meeting place. These are paid each term. There's also an annual subscription paid by all members that covers the day-to-day running of our charity and your local guiding area. This is included in subs. Because all Girlguiding units are different, and do so many different things, costs can vary.

1st Queen Ethelburga's Brownies subs are £35 per term. For the first term, we also ask that you purchase a 'First Term at Brownies' pack, which contains the Brownies badge book, Brownies handbook, a 'six' badge, a 'promise' badge and a 'promise' certificate. This will be an additional £10 for the first term only, and can be paid with your first subs.

**KS2 Cricket** – Boys and girls welcome to come and join Cricket club to develop your skills and knowledge of cricket.

**KS2 Athletics** – Boys and girls come and take part in the track and field sports that make up athletics.